

Join CARE in Uganda

October 20-24, 2025

Join CARE Journeys on an exclusive trip to Uganda. Discover firsthand how this extraordinary country has become a haven for more than 1.7 million refugees, showcasing incredible resilience. Together, we'll explore innovative programs that are empowering women to lead, providing essential aid for survival, and creating sustainable job opportunities.

You'll meet and learn from CARE leaders and local partners, hearing their stories and witnessing the powerful, positive impact of our work. Engage with communities, understand the complexities on the ground, and leave with a clearer, deeper understanding of what it truly takes to create lasting change and overcome poverty.

Itinerary

Sunday, October 19, 2025 - Kampala

Arrival at Entebbe International Airport and transfer to the Serena Kampala Hotel for check-in and rest.

Monday, October 20, 2025 - Kampala

Start the journey with an engaging introductory session with the CARE Uganda team, including a security briefing and program overview, followed by lunch. In the afternoon enjoy a half-day tour of Kampala, culminating in a welcome dinner.

Tuesday, October 21, 2025

- Kampala / Fort Portal

After breakfast, depart for Fort Portal on a scenic drive with a stop along the way to meet women who are learning new skills and starting small businesses through CARE programs.

Wednesday, October 22, 2025

- Fort Portal / Hoima

Start the day with a morning site visit with families gaining better access to food and nutrition while building resilience to economic and weather related challenges.



Thursday, October 23, 2025 - Hoima

In the morning, visit the CLICK project in a community tackling extreme weather while welcoming refugees. Enjoy lunch before an afternoon visit to the STEPS humanitarian project, helping refugees from the Democratic Republic of Congo and other countries who are making Uganda their home.

Friday, October 24, 2025 - Hoima/ Kampala

Following breakfast, return to Kampala. In the evening, join the CARE Uganda team for a closing dinner and reflections on the trip.

Saturday, October 25, 2025 - Kampala

Breakfast followed by departures.

Accommodations

- Kampala: [Serena Kampala Hotel](#)
- Fort Portal: [Mountains of The Moon Hotel](#)
- Hoima: [Miiika Eco Resort Hotel](#)

Pricing

- Price per person: \$8,000

Please Note: Pricing does not include personal travel expenses, including international flights, insurance, or additional hotel services.

What's Included

- In-country transportation
- Accommodations and meals
- Cultural visits & excursions
- Interpreter and English-speaking tour leader
- Gratuities
- Access to CARE Uganda program leaders and technical experts
- Pre-departure learning materials, including suggested readings and travel information

PROGRAM VISIT HIGHLIGHTS



CASCADE Project: Improving Food Security

Learn how the CASCADE project is boosting food security and overcoming malnutrition for Uganda's women and children. Meet community members sharing stories of their school and village feeding programs – initiatives bringing healthier meals and brighter prospects to children. Then, witness the roll-out of an innovative accountability tool: the community scorecard. You'll observe training sessions for local groups and meetings between citizens, public nutrition providers, and elected leaders to improve nutrition services. This visit offers an intimate look at grassroots solutions, showcasing the impact achieved when communities drive their own journey towards a healthier future.



STEPS Project: Refugee Emergency Protection

Experience the impact of the STEPS Consortium, where CARE and War Child collaborate with local organizations to deliver critical emergency protection for refugees escaping conflict in the DRC, Sudan, and South Sudan. You'll learn about the essential mental health services providing crucial support and fostering healing in challenging circumstances. You'll also have the opportunity to participate in a meaningful event alongside women and girls, focused on mobilizing the community to prevent violence and champion women's empowerment.

Farmer Field Business School: Sustainable Farming

Meet some of the three-quarters of a million farmers transforming sustainable farming into thriving businesses. Discover the power of the Farmer Field Business School (FFBS) approach, which is giving local farmers the knowledge, tools, and resources they need to succeed. You'll roll up your sleeves and help build ingenious keyhole kitchen gardens, participate in lively nutrition awareness sessions, and join candid dialogues with farmers leading this change.



Kampala Tour Highlight

Gain a deeper appreciation for Uganda's rich cultural heritage on this guided half-day journey through Kampala. Start at the Uganda Museum to learn about the nation's vibrant history. Continue to the Gaddafi National Mosque, with the option to climb the minaret for panoramic views of the city's famed seven hills. Finally, walk the grounds of Kabaka's Palace, the ceremonial home of the Buganda king, where you'll gain insight into the region's traditional leadership and key moments in Uganda's past. This tour offers a meaningful introduction to the city's historical and cultural foundations.



RESERVE YOUR SPOT

To reserve a space or learn more, please email travelwithcare@care.org. Space is limited, so please let us know soon if you'd like to join us. Registration is based on availability and limited to 8-10 participants. **The RSVP deadline is Friday, September 5, 2025.**

**Please note this itinerary is subject to change.*